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## Building a DISCIPLINE

What comes to mind when you think of discipline? “No pain, no gain”? “This hurts me a lot more than it hurts you”? If so, it’s no wonder—people have hated discipline since, well, since before Bible times: “How I hated discipline!” (Proverbs 5:12, NIV) Discipline may conjure images of sweat and tears (especially when people misuse it), but that’s not what it’s about. Instead, discipline should produce “a harvest of righteousness and peace for those who have been trained by it” (Hebrews 12:11b, NIV). Essentially, discipline is (1) doing what you need to do now so you can grow stronger. (2) Jesus is our ultimate role model of discipline. Remember the time He stayed behind at the temple, listening and asking the teachers questions? (3) From the time He was a kid, Jesus modeled for us the importance of engaging in Scripture, of reading it for ourselves, not for legalistic reasons, but to create the kind of lifestyle that draws one closer to God. So this week, focus on helping kids understand that God wants them to become disciplined about reading His Book. (4) It’ll help them get to know Him better, and it’ll help prepare them for life—both now and the future.

### Bottles for Babies Service Project

As part of our discipleship plan for Children’s Ministry we want our children to learn to share and care for others. During the month of **February** we will be collecting baby bottles and formula for the Pregnancy Crisis Center. Bottles and formula are provided to mothers for the first year of their child’s life so these are items in high demand.

We know children can understand the need for food in their life and can relate to babies as well so we have chosen this service project for our children. We encourage you to let your child be a part of this project by letting them go the store with you to purchase the items. Let them help choose the bottle(s) and let them carry it in and place it in the collection area. Talk with your child about when we show love for others we are showing God we love Him. These are valuable experiences in your child’s life that teach them how to love God.

#### Guidelines for purchasing baby bottles and formula.

Bottle Size: 4 ounce bottles

Formula: 15 oz. or 24 oz. size/powder/milk based

**Bottles will be collected through the month of February. Drop off bottles at the Check In Counter in the main lobby in the baby crib.**

### 5th Weekend

Heads up! January has 5 weekends in it which means a couple of things for Central Kids. The 5th weekend is **January 30-31** and on that weekend...

-K-3 graders will be continuing their look at discipline by taking a look at worship. They will be studying Mark 12:41-44 and learning that if you want to know God better, make him more important than anything.

-4th and 5th graders will be having another game day outreach. This means they need to wear clothes they can run in (including athletic shoes). They are also encouraged to bring other 4th and 5th graders that do not go to church.

-Last, this also means **store weekend** so don’t forget the bucks!



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### This Month: *Discipline*

Doing what you need to do now  
to grow stronger

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- **January 2nd and 3rd**
  - Navigating through the Bible
    - Luke 2:41-52
  - *If you want to know God better read his book*
- **January 9th and 10th**
  - Personalize scripture
    - Mathew 4:1-11
  - *If you want to know God better remember His word*
- **January 16th and 17th**
  - Talking with God
    - Luke 11:1-4
  - *If you want to know God better talk to Him*
- **January 23rd and 24th**
  - Share your faith
    - Mathew 16:13-17
  - *If you want to know God better talk about him*



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